

Shat Vikaras - De sex fienderna

Kama - begär, lust, passion

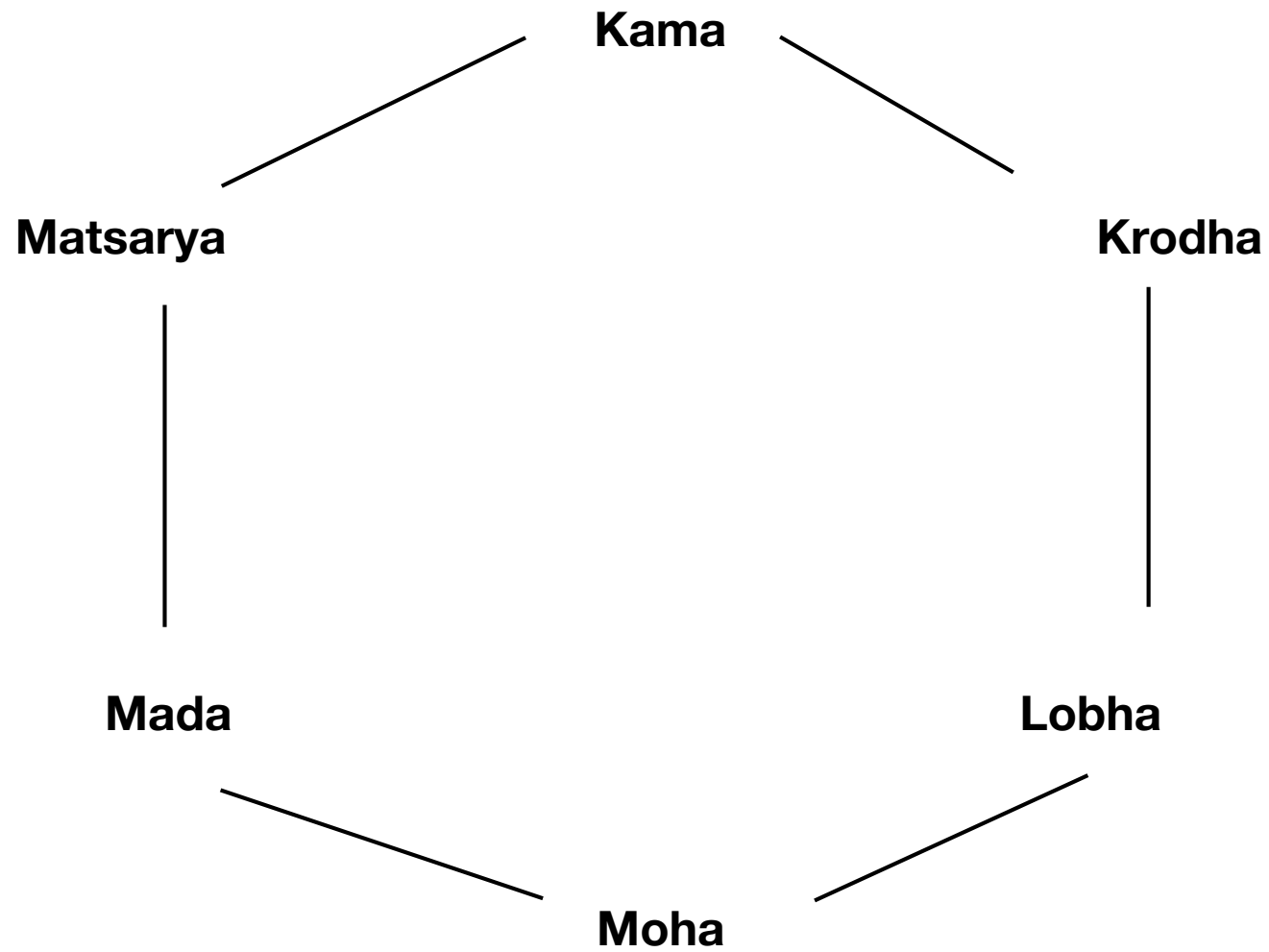
Krodha - ilska, irritation, aggression

Lobha - girighet, fastklängande

Moha - förblindelse, illusion

Mada - högmod, arrogans

Matsarya - avund, jämförelse



”Whilst under the influence of desire, anger, greed, infatuation, arrogance or envy, be aware. Then the essential Awareness underlying these states will alone subsist.”

–Vijnana Bhairava Tantra